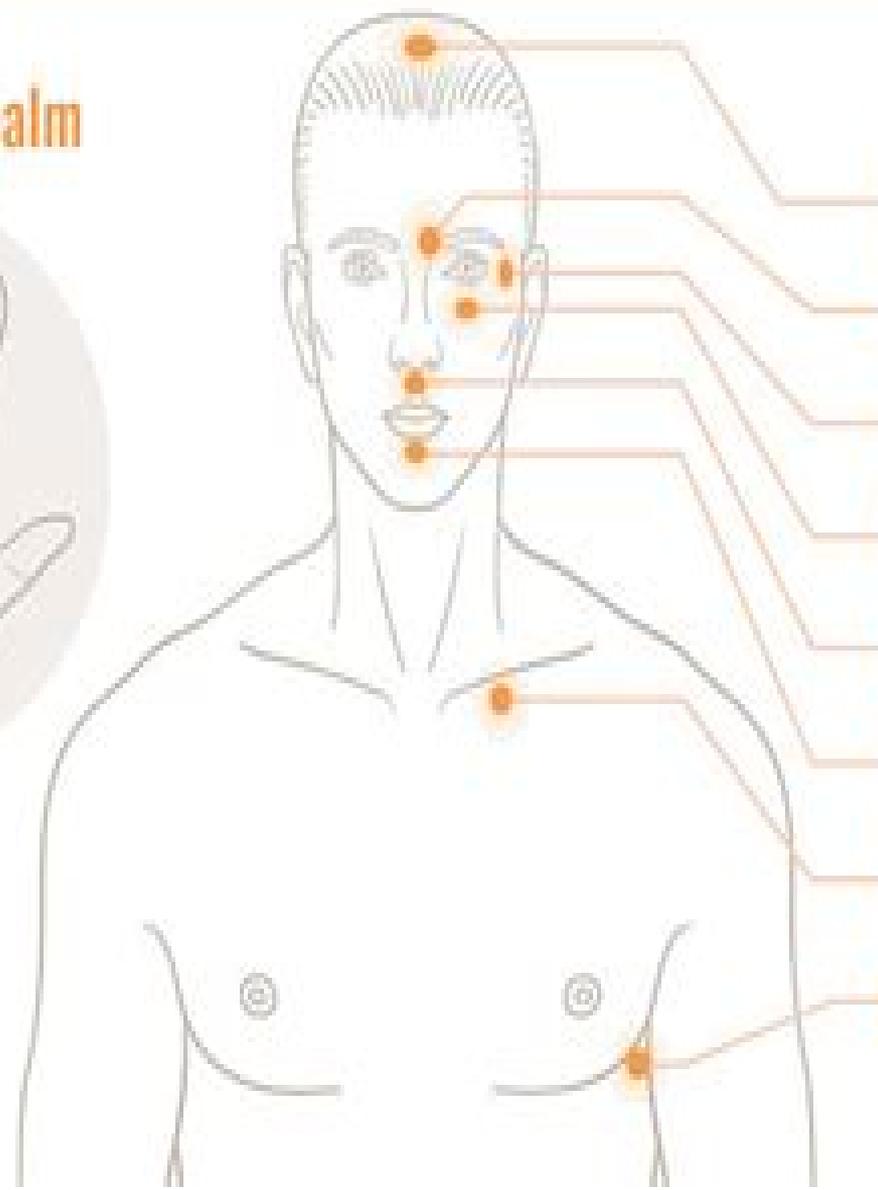


How to Practice the EFT Tapping Sequence



Dr. Michael Ruscio, DC
Get Healthy and Get Back to Your Life

1. Outer palm



2. Center of Head

3. Between the eyebrows

4. Outer eye

5. Below eye

6. Below nose

7. Below lip

8. Below collarbone

9. Below armpit

Eft Science

Ying Liu



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