

- 3.4 List agents known to be or suspected of being teratogens, and discuss evidence supporting their harmful impact. (pp. 104–111)
- 3.5 Describe the impact of other maternal factors on prenatal development. (pp. 111–115)
- 3.6 Why is early and regular health care vital during the prenatal period? (pp. 115–118)
- 3.7 What factors contribute to preparation for parenthood during the prenatal period? (pp. 118–120)

## LECTURE OUTLINE

### I. MOTIVATIONS FOR PARENTHOOD (pp. 91–94)

- A. Why Have Children? (pp. 91–93)
  1. In the past, many adults had children because it was biologically or socially expected.
  2. Today, in Western industrialized nations, childbearing decisions are a matter of personal choice because of effective birth control techniques and changes in cultural values.
  3. Contemporary American and European adults of childbearing age mention childbearing motivations, such as giving and receiving warmth and affection and personal fulfillment.
  4. They also cite disadvantages of having children—for example, role overload and risk of bringing up children in a troubled world.
- B. How Large a Family? (pp. 93–94)
  1. Since 1960, the average number of children per American woman of childbearing age has dropped from 3.1 to 2.1.
  2. Smaller family size is more compatible with women working. Marital instability also plays a role.
  3. Research shows that large families do not make less intelligent children. Parents reallocate their energies as new children are born, but parenting quality does not decline.
  4. Research also shows that only children are as well-adjusted as children with siblings.
- C. Is There a Best Time During Adulthood to Have a Child? (p. 94)
  1. First births to women in their thirties have increased greatly over the past several decades.
  2. Older parents are financially better off and emotionally more mature than younger parents. However, fertility problems and other risks increase with age.

### II. PRENATAL DEVELOPMENT (pp. 95–101)

- A. Conception (pp. 95–96)
  1. About once every 28 days, an ovum bursts from one of a woman's ovaries and is drawn into one of two *fallopian tubes*. The *corpus luteum* then secretes hormones that prepare the lining of the uterus to receive a fertilized ovum.
  2. Following intercourse, sperm, which are produced in a male's *testes*, travel through the *cervix* and into the fallopian tube, where fertilization usually occurs.
  3. Sperm can live for up to six days, but most conceptions result from intercourse during the three-day period before and during ovulation.
- B. Germinal Period (pp. 97–98)
  1. The germinal period lasts about two weeks, from fertilization until the cell mass drifts out of the fallopian tube and attaches itself to the uterine wall.
  2. By the fourth day, 60 to 70 cells exist, forming a hollow, fluid-filled ball called a **blastocyst**.
  3. The **embryonic disk** (the cells on the inside of the blastocyst) will become the new organism; the thin outer ring of cells, the **trophoblast**, will become the structures that provide protective covering and nourishment.
  4. Implantation
    - a. **Implantation** occurs between the seventh and ninth days, when the blastocyst burrows into the uterine lining.
    - b. The trophoblast forms a membrane, the **amnion**, that encloses the developing organism in **amniotic fluid**, which provides a cushion against jolts and regulates the temperature of the prenatal world.
  5. The Placenta and Umbilical Cord
    - a. By the end of the second week, the **chorion**, a protective membrane surrounding the amnion, forms, and tiny blood vessels emerge and burrow into the uterine wall.
    - b. The **placenta** develops and permits food and oxygen to reach the developing organism and waste products to be carried away.
    - c. The placenta is connected to the developing organism by the **umbilical cord**.

# Instructors Resource Manual For Infants Children And Adolescents Fourth Edition

**RJ Shavelson**



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