

Expectant Mother's Hospital Checklist

Yes/No For Mother	
Yes/No	Sleepwear
Yes/No	Bathrobe
Yes/No	Socks
Yes/No	Slippers
Yes/No	Maternity underwear
Yes/No	Nursing bra
Yes/No	Breast pads
Yes/No	Change of clothes and comfortable shoes to wear home
Yes/No	Toiletries, including toothbrush
Yes/No	Hair band, if applicable
Yes/No	Lip moisturizer
Yes/No	Sanitary napkins
Yes/No	Massage oils or lotions
Yes/No	Breath mints and snacks
Yes/No	Relaxation materials: books, magazines, music
Yes/No	Eyeglasses, if applicable
Yes/No	Cell phone and list of important phone numbers

Yes/No For Coach	
Yes/No	Watch with a second hand to time contractions
Yes/No	Camera/video camera and film/tape
Yes/No	Toiletries, including toothbrush
Yes/No	Change of clothes
Yes/No	Snacks and reading material
Yes/No	Dollar bills or change for vending machines
Yes/No	Cell phone/prepaid phone card
Yes/No	List of important phone numbers

Yes/No For Baby	
Yes/No	Newborn diapers
Yes/No	Receiving blankets
Yes/No	Newborn clothes
Yes/No	Socks or booties
Yes/No	Infant hat
Yes/No	Infant car seat

Expectant Mothers Checklist

Richard Bailey



Expectant Mothers Checklist:

Unveiling the Energy of Verbal Art: An Psychological Sojourn through **Expectant Mothers Checklist**

In a world inundated with screens and the cacophony of instantaneous interaction, the profound power and mental resonance of verbal art often diminish into obscurity, eclipsed by the regular barrage of sound and distractions. Yet, situated within the lyrical pages of **Expectant Mothers Checklist**, a captivating work of literary splendor that pulses with fresh emotions, lies an unique trip waiting to be embarked upon. Published by a virtuoso wordsmith, this mesmerizing opus courses viewers on a psychological odyssey, softly revealing the latent possible and profound affect embedded within the delicate web of language. Within the heart-wrenching expanse with this evocative evaluation, we will embark upon an introspective exploration of the book is central styles, dissect their captivating publishing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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Expectant Mothers Checklist Introduction

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