

Longevity and Life Expansion: Modal Lifespan

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Life expansion may be described as a concept whereby the predicted lifespan of an individual is increased beyond the number of years people are currently living. According to Goodwin (2017), the maximum that a human being can live is about 120 years. Through technology, life expansion and longevity can be improved by applying scientific methods through thorough research on human genes that cause aging and finding solutions to age-related illnesses.

Societal influences and behavior also affect the longevity of human beings in numerous ways. People's lifestyle has been defined as a large contributor to an individual's life expectancy (Olshansky & Carnes, 2019). The discussion below analyzes longevity and its links with technology and society. Works done by other authors will shed more light on the topic by providing the current and past status of life expansion.

Definition and Its Link with Technology

Longevity is observed each time a person visits a hospital to seek treatment due to illnesses or injuries. Hospitals generally provide care and treatment to the sick and, therefore, are a way of lengthening an individual's life expectancy (Goodwin, 2017). Medical progress in a country can improve the lifespan of its citizens. Thus, advancement in medical capability using technology is one of the methods for increasing people's longevity.

History of Longevity

The history of longevity can be traced back to the 16th and 18th centuries, where people worked on ways to improve the vitality of the elderly in society to lengthen their life. From Hippocrates' time, there was a massive interest in increasing a human's lifespan, the general health of senior people, and the diseases affecting them (Van den Berg et al., 2019). Though many disregarded the concept of longevity, it received

Essays On Longevity

David Kirk



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